

# The SENSEGARDEN Project Experience

# The concept

Build a special room in Odda with different digital technologies

- Reality wall
- Memory lane
- Surround me
- Scent to memories
- Life road
- Keep my balance

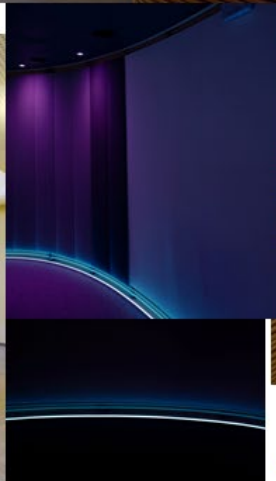


Users visited Sense Garden 2-3 times per week, all sessions where individual customized, with videos, pictures, music, and scent.

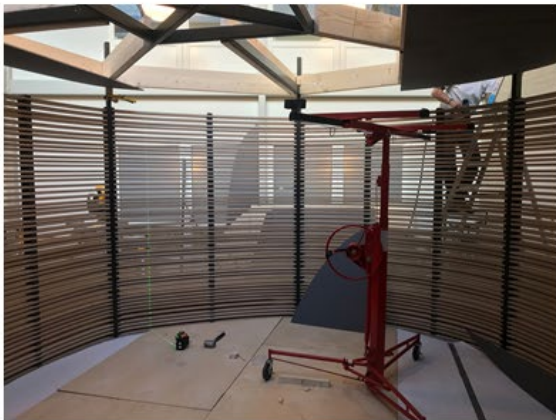
# The SENSEGARDEN in Odda

- Odda and Ullensvang municipality
- Homecare services
- 2 Nursing Homes
- Day care activity center
- IT-unit
- Nurses, formal caregivers
- Family and friends

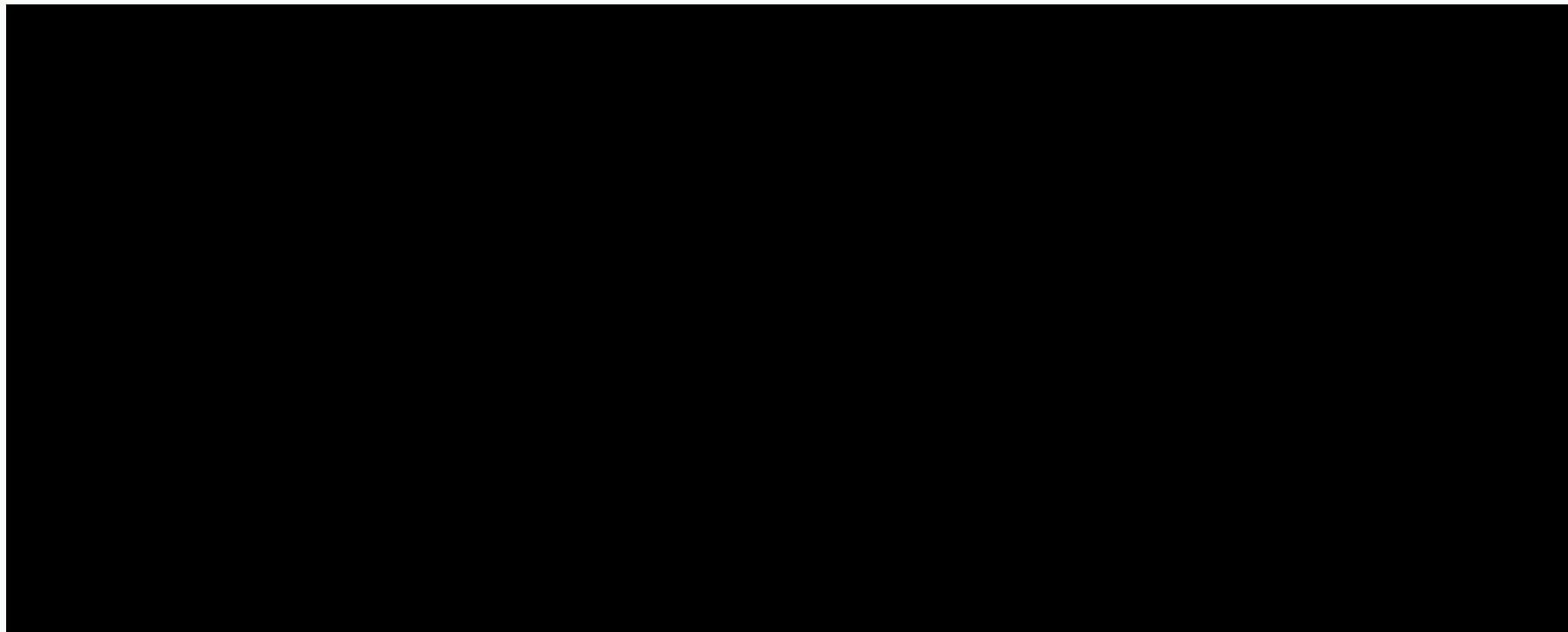




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# What we did





# What we achieved

- Better quality of life
- Less unrest
- Better sleep
- Lower drug consumption
- More activity
- More smiles
- A good time with family and friends



**NRK Nyheter** ✓

14 November 2019 at 09:51 · 🌐

...

Brudebildet lokker frem smilet til Thor, demenspasienter blir friskere av å se gamle bilder fra eget liv. Odda kommune er med i et nytt spennende prosjekt:



NRK.NO

**Suksess med sansehage: – Demente søv bedre og tek mindre medisinar**

ODDA (NRK): Demenspasientar som Thor Haugland blir friskare av å sjå gamle bilde av seg sjølv. No håper kommu...



👉 Care

💬 Comment

➦ Share

👍❤️👏 You and 706 others

112 shares



# Steps to the future- continuing the service (Sigrid)









- Build smaller sense gardens in all of our institutions.
- Involve other patient groups, not just people with dementia
- Invite the municipalities in our region to join the project
- Make a technological system that works, and will be easy to use without too much practice



## Quotes and user stories (Sigrid)

1. “We would never have made it without Sense Garden”, formal caregiver from homecare Odda.
2. “Sense garden prevents depression and anxiety”, nurse.
3. “Painkillers and sedatives are being replaced by Sense garden”, nurse.
4. “In the sense garden we find each other again”, wife.

# Who was involved in the project?

	<b>UNN (NO)</b> 	<b>UMFCD (RO)</b> 	<b>ODDA (NO)</b> 	<b>SCML (PT)</b> 	<b>CPX (RO)</b> 	<b>VULPIA (BE)</b> 	<b>EPOINT (BE)</b> 	<b>NTNU (NO)</b> 
Test sites		X	X	X		X		
Development					X		X	X
Business		X		X			X	X
Research		X		X				X
Coordination	X							

# Developing a networknational and international



RIA - Research and Innovation action

**Arts Health**



**Early Career Research Network**



COST—European Cooperation in  
Science and Technology



# Supporting and nurturing implementation in practice

## A message to the RC

1. Incentive schemes for solutions or products resulting from AAL calls or other European Calls to support the market entrance and replication
2. Select promising projects where Norwegian participated and incentive to implement user testing in other organizations

