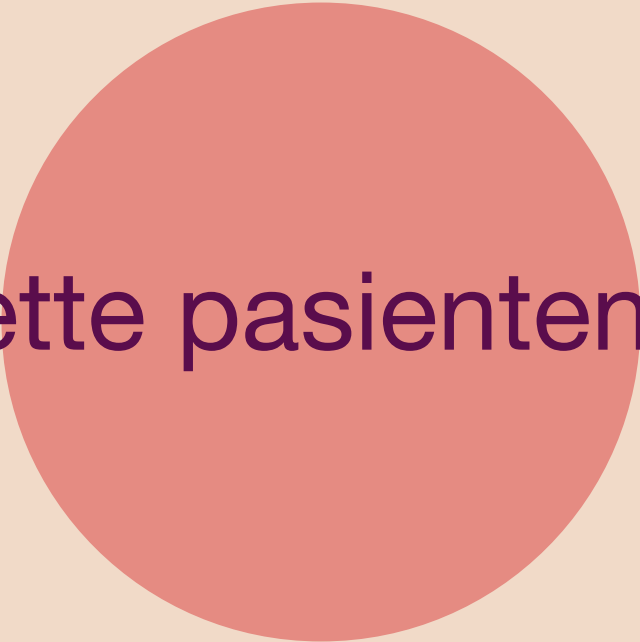


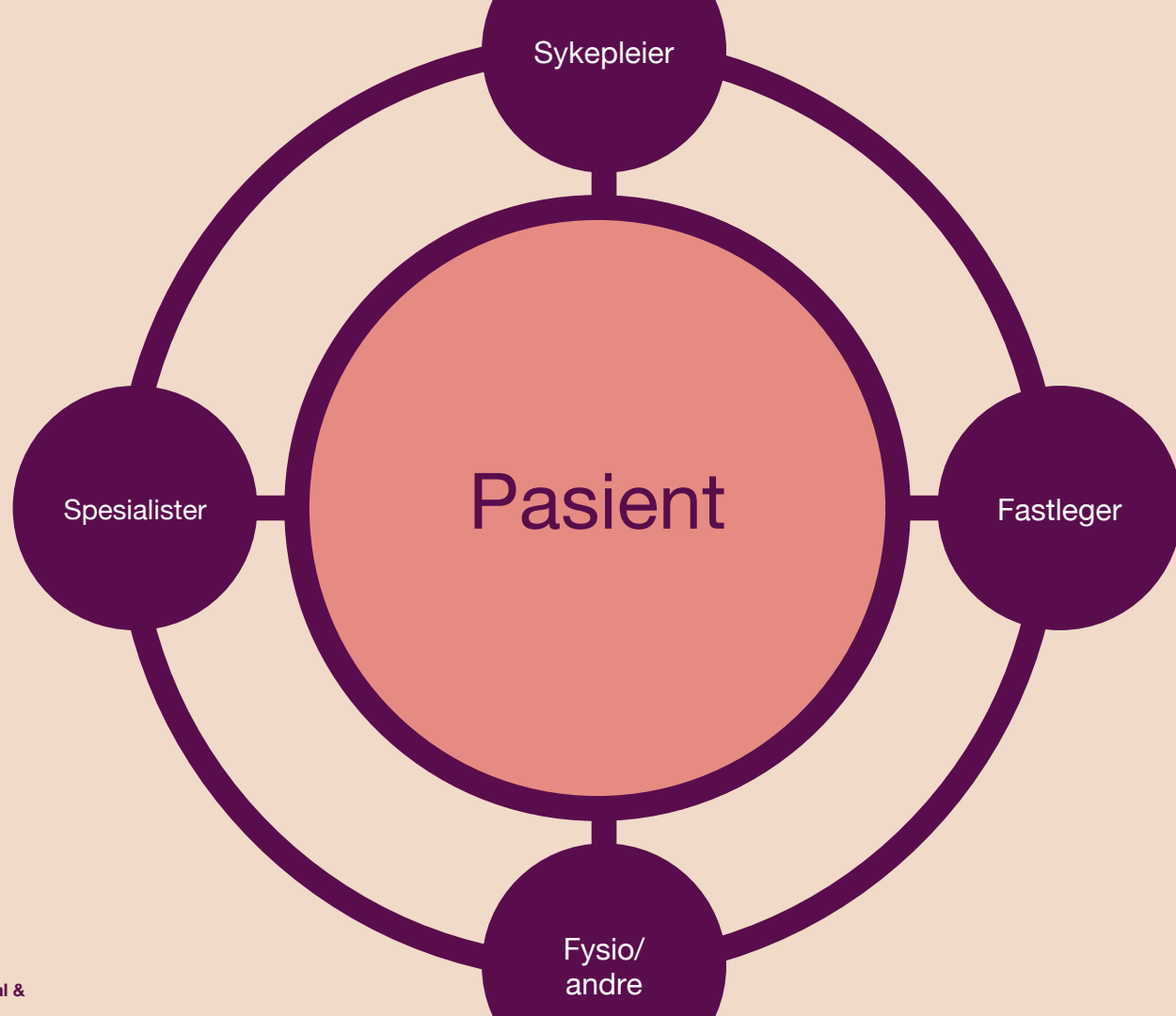
Hei, vi er Lifeness

Hei, vi er Lifeness

og vi styrker behandlingen



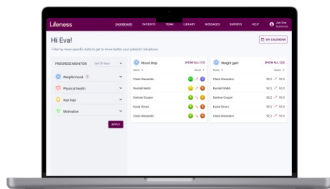
ved å sette pasienten i fokus.



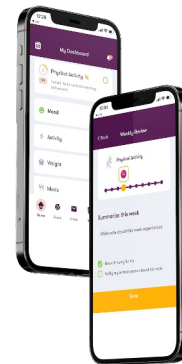
The background of the entire image is a light pink color. It is decorated with a repeating pattern of stylized, hand-drawn shapes. These shapes consist of a central circle in a light pink or peach color. Surrounding this central circle are two concentric purple circles. Between these two purple circles, there are four small, solid purple dots positioned at the top, bottom, left, and right. The text is centered in the middle of the image, between two of these circular motifs.

Samtidig som
vi ikke mister
oversikten over
det store bildet.

Webløsning for helsepersonell



Mobil-app for deltaker



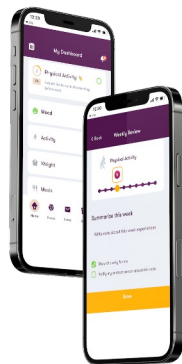
A circular inset image showing a close-up of a female doctor. She is wearing a white lab coat over a blue top, has dark hair tied back, and is wearing round glasses. She is smiling broadly, showing her teeth. A stethoscope is draped around her neck. She is sitting at a desk, and a laptop is visible in the foreground. The background is blurred, suggesting an office or clinical setting.

A circular inset image showing a close-up of a female doctor. She is wearing a white lab coat over a blue top, has dark hair tied back, and is wearing round glasses. She is smiling broadly, showing her teeth. A stethoscope is draped around her neck. She is sitting at a desk, and a laptop is visible in the foreground. The background is blurred, suggesting an office or clinical setting.

A circular inset image showing a close-up of a female doctor. She is wearing a white lab coat over a blue top, has dark hair tied back, and is wearing round glasses. She is smiling broadly, showing her teeth. A stethoscope is draped around her neck. She is sitting at a desk, and a laptop is visible in the foreground. The background is blurred, suggesting an office or clinical setting.

The screenshot shows a Liferay portal interface. At the top is a navigation bar with tabs: 'LIFERAY', 'PORTAL', 'USER', 'GROUP', 'MYSPACE', 'BLOG', 'HELP', and 'Admin Center'. Below the navigation bar is a 'Hi Eval!' message. To the right of the message is a 'My Recent Items' button. Below the message is a link: 'Click to view specific data to get to know better your potential! Click here.' On the left is a sidebar with a 'My Recent Items' button and a list of items: 'My Recent Items', 'My Recent Sites', and 'My Recent Documents'. The main content area displays a table with columns: 'Item Name', 'Item ID', 'Item Type', 'Item Status', and 'Item Date'. The table contains three rows of data, each representing a different item type (e.g., 'My Recent Items', 'My Recent Sites', 'My Recent Documents').

Deltaker



Lifeness



Trygg helseapp

Brukervennlig

Helsepersonell i lomma

Innsikt

Tett oppfølging

Hele bildet

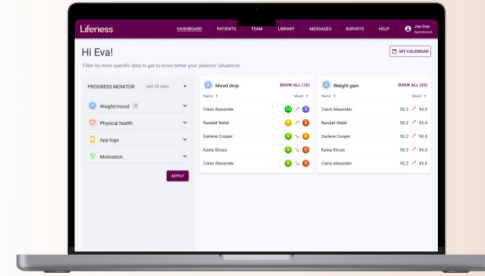


Selvbestemmelse

Motivasjon

Føler seg sett





- Dashboard over pasientene (se hvem som trenger oppfølging)
- Se data for hver enkelt pasient
- Kartlegging/spørreskjema
- Send melding til én eller mange
- Video “én til én” og gruppevideo
- Bibliotek - del informasjon, artikler og video
- Statistikk
- Integrasjon mot pasientjournal*

A decorative wavy line in a light beige color runs across the image, starting from the bottom left, curving up to the right, then down to the left, and finally curving up again towards the top right. Four dark purple dots are placed along this line: one on the first upward curve, one on the downward curve, one on the second upward curve, and one at the far right end.

Dataene kan også bli
pakket til **forskning**



bedre resultater



bedre motivasjon



stjerner på App Store

Lifeness er en
trygg helseapp
basert på forskning,

utviklet av og med
helsepersonell og pasienter

 Trygg helseapp

 Lifeness

ISO/TS 82344-2



 Lifeness AS

Fordeler med

Lifeness er en skybasert oppfølgingsassistent for forebygging, oppfølging og behandling av overvekt og fedme, livsstilsrelaterte og kroniske sykdommer. Samtidig er Lifeness et brukervennlig selvhjelpsverktøy for brukeren.

Trygg og effektiv

 A

Lett å bruke

 A

Datasikkerhet

 A

Robust konstruksjon

 A



Helseappens totalscore

 A

☒ App verifisert [17.02.2022]



"Jeg synes det er et flott oppfølgingsverktøy for meg som helsepersonell. Jeg får god oversikt over deltakernes fremgang og/eller stagnasjon samt at det er lett å plukke opp når deltaker/pasient/bruker faller fra."

Tiril Kloster Skogland

Frisklivskoordinator og fysioterapeut, Alta Kommune



A woman with long brown hair, wearing a bright blue beanie, a thick orange quilted jacket, and a green backpack, stands in a snowy forest. She is looking slightly to her right with a gentle smile. The background is filled with snow-covered trees and branches, creating a serene winter scene.

Jeg vil anbefale Lifeness-appen til andre
som trenger hjelp til å gjøre en livsstilsendring -

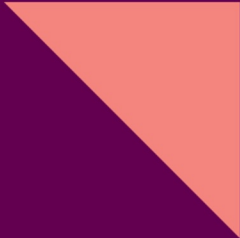
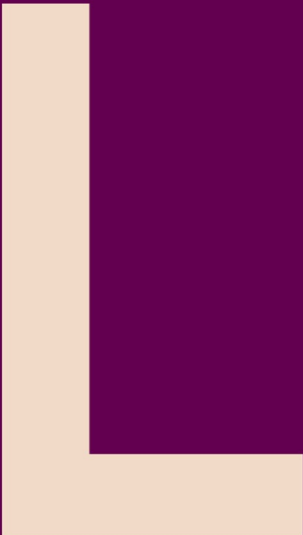
Team med helsepersonell

Lifeness



Pilot Helse





lifeness.io

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